



CURBSIDE MENU

Open for curbside pick up Wed-Fri 11a.m.-3 p.m.

To order email cafe@farmtoforkfood.com or call 502-315-9110.

Our seasonally inspired menu items are fresh and delicious, featuring locally sourced and sustainable ingredients, made from scratch dressings and spreads, and fresh baked goods. We deliciously accommodate vegan, vegetarian, and gluten-free requests.

SIGNATURE SANDWICHES & WRAPS

Choice of White, Multi-grain, Rosemary Focaccia, or Spinach Wrap. Served with Zapp's chips and pickle.

Classic Chicken Salad \$10
Slow roasted, free-range chicken, onion, celery, herbs, mayo

Roast Beef and Cheddar \$10
Medium rare roast beef, aged cheddar, pickled red onions, horseradish mayo

Turkey and Gouda \$9
Herb roasted turkey, smoked gouda, sun-dried tomato basil spread

Southern Club \$9
Herb roasted turkey, bacon, FTF Signature Benedictine spread

Pimento Cheese and Bacon \$9
FTF Signature Pimento Cheese, bacon, apple

Sweet Potato Black Bean Wrap *Vegan \$8
Roasted local sweet potatoes, black beans, roasted red peppers, pickled red onions, salad greens, herb vinaigrette

SEASONAL VEGGIE QUICHE

Made from scratch crust, local eggs, seasonal vegetables, and cheese.

By the Slice \$8
Served with local salad greens, herb vinaigrette

WANT A WHOLE QUICHE?

Give us 24 hours notice and we'll bake it fresh for you!
Available Wednesday thru Saturday \$24

SALADS

Salad Special Varies
Ask us what we are featuring!

Power Salad *GF \$9
Local salad greens, roasted seasonal vegetables, roasted red peppers, black beans, feta, pepitas, herb vinaigrette

Chicken Salad Plate *GF \$10
Our classic chicken salad on fresh greens with herb vinaigrette

COOKIES/BARS

Salted Chocolate Chip \$2
BOHO Cookie *Vegan, GF \$2.50
Cocoa Brownie \$3
Bourbon Walnut Blondie \$3
Lavender Lemon Bar \$3

CANNED BEVERAGES

Coke, Diet Coke, Sprite \$1
LaCroix \$1.50
Phocus Grapefruit or Yuzu Lime \$2.50

NOW AVAILABLE TO TAKE HOME!

SIGNATURE DIPS/SPREADS

Pimento Cheese 8oz \$8
Beer Cheese 8oz \$8
Benedictine 8oz \$6
Blackeyed Pea Hummus 8oz \$6